

Kindergym is a movement program for children 4 years and under and their caregiver. Classes are designed to develop the whole child socially, emotionally, cognitively and physically. Parents, children and coaches join together to create a fun environment where children can learn the basics of gymnastics.

Groovy Kindergym Program Offers:

- Movement based activities - balancing, sliding, climbing and jumping to assist your child in the development of coordination, confidence, creativity and self-esteem.
- A safe environment providing a wide range of stimulating and challenging equipment.
- A chance for you and your child to play and learn together in a light-hearted environment. Please read our Kindergym Information Sheet that highlights the importance of parental involvement!
- An opportunity to participate in individual, partner and group activities with and without small hand equipment e.g. balls, bean bags, hoops, scarves, ribbons, etc.
- An enjoyable range of music, games, songs and dances suited to your child's developmental needs.

Class Times:		
Class	Day	Time
Tiny Groovers 1 year olds	Wednesday	9:30 - 10:15AM
	Friday	
Curious Groovers 2 year olds	Tuesday	9:30-10:15AM
	Tuesday	10:30 - 11:15AM
	Wednesday	
	Friday	
	Saturday	8:30 - 9:15AM
Busy Groovers 3 year olds	Thursday	10:30-11:15AM
	Tuesday	11:30AM - 12:15PM
	Wednesday	
	Thursday	
Friday		
	Saturday	8:30 - 9:15AM
Kindy Groovers 4 year olds Pre Prep	Monday	11:30 - 12:15PM
	Tuesday	1:00 - 1:45PM
	Wednesday	
	Thursday	
	Friday	

SAFTEY:

- For safety NO watches or jewelry (including hair clips) for all gymnasts.

WHAT TO WEAR & BRING:

- Gymnasts should wear cool, comfortable clothes that do not restrict movement.
- Bare feet = the only way to go at gymnastic classes ☺

ENROLMENT:

- A \$130.00 (\$97.50 for 2nd child) once-off Annual Membership and Registration Fee which includes Gymnastics Queensland Registration, Sport Insurance, Equipment Levy and some value added benefits.

TERM FEES:

Each term consists of 10 weeks. Public holidays or class cancellations will be adjusted accordingly in your term fees.

- \$135 Term Fee (10 week term).
A 10% discount does apply if paid by the due date or the time of rebooking.
- ALL fees MUST be paid in full prior to each term to be able to participate in the class.

Please note:

Your tuition fees pay for a position in a class, regardless of attendance, however as a courtesy, we may offer make-up classes when notification of your child's absence has been received and if class vacancy permits.

Club Information:

The Gladstone Gymnastics Club is a non-profit community club that has been established for 40 years. We pride ourselves on offering a broad range of opportunities for every child in our community with a facility that is second to none outside of Brisbane.

Gymnastics at our club not only helps your child improve their fitness and develop their physical being, it also demands mental focus and provides a valuable outlet for personal expression.

Our club boasts some highly qualified and experienced coaches. Not only do we ensure all coaches are accredited through the National Coaching Accreditation Scheme, but many also have professional qualifications necessary to guide the complete physical education of our members. A number of our staff members are professionals in their respective fields of education, physical education, dance, sport management and gymnastics coaching.

Office Hours:

Monday	10am - 5.30pm
Tuesday	10am - 5.30pm
Wednesday	10am - 5.30pm
Thursday	10am - 5.30pm
Friday	10am - 5.30pm
Saturday	8:30 - 10:00am

Contact Details:

Please take the time to visit us. On our website you will find a calendar of events, newsletters, banking details, club handbook and lots of other useful information.



Gladstone Gymnastics Club
www.gladstonegymnastics.org.au

Email: office@gladstonegymnastics.org.au

Phone: 4972 0300



Kindergym



Tiny Groovers 1 year olds
Curious Groovers 2 year olds
Busy Groovers 3 - 4 year olds
Kindy Groovers 4 year olds (Pre Prep)